

Bird Flu Safety for People Who Handle Animals

Know what to wear around animals and how to keep bird flu out of your home.

If you work with animals—like birds or dairy cattle—you have a higher chance of getting sick from bird flu. Protect yourself and your family by wearing the right gear around animals and taking it off safely.

Why are people who work with animals more likely to get bird flu?

People who work with animals, like farmers and veterinarians, have a higher chance of catching bird flu. This is because these jobs involve spending a lot of time around birds, cows or other animals that might carry the virus.



Wearing protective gear around animals and taking it off safely can help you avoid bird flu and stop it from spreading to others.

What gear should I wear when I work with animals?

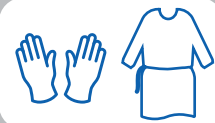
At the very least, you should wear:

- An N95, KN95 or KF94 mask
- Safety glasses or goggles



For even better protection, wear:

- Disposable gloves or work gloves that you can clean well
- Coveralls or long-sleeve gowns



If you have them, wear:

- Disposable shoe covers or boots that you can clean well
- Disposable caps



How can I remove all this gear safely?

Used protective gear can have the bird flu virus on it. To keep from getting sick, it's important to take off your safety gear carefully.

Here's what to do.

Remove your gear in this order. If you're not wearing one of the items listed below, simply skip that step and move to the next.

1. Gloves

- If you're only wearing only one pair of gloves, remove them now.
- If you're wearing two pairs of gloves, take off the outer gloves now but leave the inner gloves on.

2. Waterproof apron

3. Shoe covers or boots

4. Coveralls or long-sleeve gowns

5. Face shield

6. Head covering

7. Safety glasses or goggles

8. N95, KN95, or KF94 mask

9. Disposable gloves

- If you removed outer gloves in step one, remove the inner gloves now.

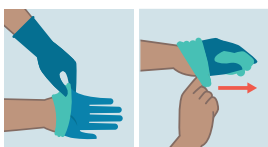
More tips for safely removing gear



Wash your hands or use hand sanitizer after removing your gloves and before removing your eyewear and masks.

1 Removing gloves:

Take care not to touch your bare skin to the outside of the glove.



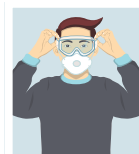
2 Removing apron:

Undo ties and pull apron away from body. Carefully roll apron inside out, place into proper container.



3 Removing eyewear:

Carefully remove eyewear by lifting them up from the sides and away from your face. Avoid touching the lenses.



4 Removing mask:

Take off your mask by pulling on the straps or ear loops. Don't touch the front of the mask.

